

2022-2023

Inspired *Movement*
Performance Company

Information Handbook



IMPC

INSPIRE - ARTISTRY - EXCELLENCE

Creating Artists, Building Friendships, Inspiring Confidence

Overview & Purpose

Inspired Movement Dance Performance Company provides beginning to intermediate level dancers with opportunities for performances throughout the year at local dance competitions and other community events. Our goal is to promote growth, friendship, and teamwork through the art of dance.

Auditions

You will need to pre register for Performance Company auditions. They will be held at Inspired Movement on **Saturday, August 13th**. Dancers will need to register for their age group as of January 1st, 2023.

Auditions will be for duos, trios and group routines. Solos will be by invitation only - you will be receiving an email if you are invited to participate in a solo this season. Dancers may fill out on their audition form which genres they'd like to be considered for, but ultimately will get placed in routines that the IMD staff feel is best. These placements are non-negotiable. Dancers should arrive early and warm themselves up. Dancers will audition in skills/tech in center and across the floor and learn/perform a combination in either jazz/contemp/lyrical. Tap and hip hop placements will be determined outside of auditions and based upon the discretion of the IMD staff.

Make up auditions will be done by case by case scenario. Please Email Mr. Nguyen to schedule a private audition.

You will be required to commit to being part of at least 2 group routines to be accepted into IMPC. Auditions will be for groups, duos and trios.

Required Classes & Commitments

All Inspired Movement Academy Performance Company Dancers will have required classes they must be registered in for the 2022-2023 dance season.

1. Ballet Class(es) (may increase depending on dancers level placement)
2. 1 Legs and Leaps
3. 1 Turns class
4. Group Genre - dancers will be required to take the genre of whatever group(s) they are placed in.

***Strongly suggested that dancers also take Acro, Tap, PBT

Inspired Movement holds all dancers and their parents to a high level of standards. Dancers are expected to be present for all classes and rehearsals as well as be positive role models and leaders within the studio and in the community. Remember that all parents and dancers are ambassadors of the studio and

are expected to follow the rules and be mindful of choices in the studio and at any studio related events. Inspired Movement has a zero tolerance policy for inappropriate behavior from either dancer or parent. Severe infractions can result in immediate dismissal from the team or studio at the discretion of Inspired Movement faculty without refund of any prepaid fees.

Group Rehearsals and Routines

Each group routine will have a 30 minute weekly rehearsal. Rehearsal time slots will be assigned after all group auditions. That will be their weekly time slot for the year. Once rehearsal times are set, you will need to add your dancers and register them for each of their assigned groups via your Jackrabbit portal. Each group your dancer will be in will be 30 minutes a week in addition to their required classes. On your audition form you will be asked to provide a limit on a maximum number of dances your dancer and you can commit to. Your dancer may be placed in less routines than asked. Your dancer will be placed accordingly by the Inspired Movement Faculty.

Rehearsals are MANDATORY. We ask dancers to do their best to be in attendance for all rehearsals. Any dancers absent due to illness will be considered an excused absence. Inspired Movement reserves the right to pull a dancer from a routine if the teachers feel the dancer is falling behind due to excessive absences. If you are removed from a routine due to excessive absences you will be responsible for paying a \$100 reblocking fee, per routine.

On occasion rehearsals may be canceled or times adjusted due to competition, or performances happening on the same day. Monthly rehearsals will not be adjusted. Inspired Movement staff will notify dancers and parents as soon as possible of any of these changes.

Dancers who miss a rehearsal the week before a competition may not be allowed to perform/compete. If it's an excusable circumstance, or we are told in advance, we can plan accordingly to still have the dancer compete. If dancers get pulled from routines or drops for any reason (excluding injury), there will be a \$100 fee for each routine that requires reblocking. If an understudy takes their place, you are responsible for costume and competition fees of the understudy.

Competitions

Inspired Movement Performance Company Dancers will attend between 3-5 local competitions. Competition season can start in February and continue through June and possibly beginning of July. ALL competitions are mandatory for Inspired Movement Performance Company dancers. Dance families will be responsible for marking down dates in their calendars to prevent conflicts. These are not optional events, if dancers are unable to attend competitions, that may affect results of making the team. If dancers pull from a competition without prior consent or notice on the audition paperwork, they will not receive any refund of entry fees and may be required to pay a reblocking fee of \$100 per routine.

The exact days and times that our dancers will perform will not be known until the week prior to each event. Because of this, it is important that all dancers and families keep the entire weekend free. For the out of town competitions, families will be responsible for booking their own hotel and travel. Once room block dates are released, book your rooms as soon as possible. You can always adjust your reservation, but this will guarantee you a room.

- Ultra (San Diego, CA) **February 10-12**
- Showstopper Competition (Disneyland Resort/Anaheim) **March 24-26**
- KAR (Escondido, CA) **March 31-April 2**
- Bravo (San Diego UCSD, CA) **May 18-21**

Competition Fees (monthly)

Competition fees are based on how many routines your dancer is placed in. Each competition will have a set entry fee per dancer depending if it is a solo, duo/trio, small group or large group. Once routines are set, your fees for all competitions this season will be added up and divided into your regular 10 month season tuition. These fees will be charged starting in September and will run through June.

Below are **estimates** and examples of what each competition fee may look like. These vary from competition to competition:

Approx \$50 per group

Approx \$80 per duo/trio

Approx \$90-110 per solo (per competition).

In addition, there is an administrative fee of \$5 per routine per competition. A teacher fee will also be included in your monthly competition payment.

Teacher fees will be divided amongst all the dancers, and added into their monthly tuition (depending on how many competitions they attend). Approximately \$15-30 per month/dancer. Teacher travel fees cover food, lodging, parking, and other expenses. Teachers value the relationships they have with each dancer, but are compensated very little for the time they spend with your dancers during competitions. They wish to be there as much as possible for every competition and convention. The teacher fee will be charged one month prior to your first event.

Rehearsal Fees (monthly)

- Group Routines Monthly rehearsal fee \$60/group
- Duet/Trio: 30 min- \$25/per, 45 min- \$30/per, 60 min- \$35/per

Choreography Fees (1-time) due before choreography begins

- Solos- \$375.00 one time choreography payment

- Duet \$200.00 one time choreography payment per dancer
- Trio \$185.00 one time choreography payment per dancer
- Group Routines- each group routine will have a one time choreography payment of \$60 (per large group), \$85 (per small group)

2022-2023 Private Lesson Fees:

Solo: 30 min- \$50, 45 min- \$85, 60 min- \$100

Solos

Solos will be invitation only and are subject to only being given to dancers who have had at least one year experience dancing on Inspired Movement Performance Company. Dancers who are new to Inspired Movement may request a solo, however it is not guaranteed. You will be receiving an email directly if you are invited to do a solo this season. Solo choreography will be set in person only. Solos are a privilege and if dancers who are rewarded with one can not stay in good standing with teachers and keep great attendance in all classes and rehearsals, their solos will be pulled from competition.

Dancers who participate in ISPE or have early dismissal days from school are recommended to use those days for solo rehearsals. Dancers ages 9+ may be limited to two rehearsals each month unless the studio schedule allows for more. Dancers with more than one solo will have the option of rehearsing weekly for 30 mins, or biweekly for 1 hr. When first learning the solo choreography, dancers may schedule additional times with their instructor. If time and space allows for more, we will do our best to accommodate everyone fairly! Dancers who have outstanding balances on their accounts may have their solos pulled from a competition as well as have their privates discontinued. Dancers must commit to at least two groups and/or production in order to be considered for a solo.

If your dancer is interested in a solo please mark the areas accordingly on their audition form. Not all dancers who wish to have solos will receive one, there are many factors that go into these decisions. The faculty at Inspired Movement wants each dancer to feel successful and ready. Solos will also be based on teacher availability and studio space. If you have any questions about this please reach out to Mr. Nguyen.

There is a one time solo choreography fee of \$375. This fee is due before the first lesson.

Costumes

Each dance will have its own costume. Inspired Movement Performance Company costumes can be a mix of custom costumes as well as catalog costumes. Most costumes will be between \$150-\$300 depending on intricacies, rhinestones and accessories. Costumes are selected by the choreographer/teacher and are carefully chosen with appropriateness in mind. Be aware that we are selecting these costumes while being as cost efficient as possible. We want our Inspired Movement Performance Company dancers to feel great in their costumes and have something that will last a full dance season.

Shoes and Tights are not included in costume fees.

There will be an initial deposit per costume of \$100 due on October 1st. The final costume balance will be due mid-February/March once we have final numbers from seamstresses/companies.

Team wear and Make-up

All Inspired Movement Performance Company members are required to purchase the following items.

1. Team Jacket - approximately \$145
2. Make Up Kit - \$125
3. Team Earrings - approximately \$20

TEAM WEAR- Jackets will be the only mandatory item and are \$145, but there will also be optional team/studio wear to purchase as well such as tanks, jerseys, costume cover-ups, sweats etc. Dancers **MUST** wear some type of studio wear when onstage receiving awards, as well as when at a competition. We will utilize the same jacket as last season, so you will only need to purchase if your dancer needs a new size or your dancer is new to Performance Company.

MAKEUP- Inspired Movement selects and puts together a high quality makeup kit for the dancers to ensure that they look polished and professional on stage. As the competition season approaches we will send out a tutorial video on application of team make up. All returning members will not have to re-purchase any items unless they need to replace it!

Attendance policies

Attendance of all members at every rehearsal and competition are critical to the camaraderie and success of our team. Excused absences must be communicated to Mr. Nguyen in advance in a timely manner.

If your dancer is ill, have them stay home. Illness is an excused absence. If dancers are able to come and observe, that is preferred.

Failure to adhere to the attendance policy may result in dancers being removed from the number. Dancers are allowed 2 unexcused absences before removal from routines. Performance Company members are also expected to maintain a positive attendance record with the regular Academy classes as well. If dancers have high class absences without doing the required makeups they may also be pulled from dances.

Master Classes

Inspired Movement is proud to bring in amazing master teachers each month for our dancers. All Inspired Movement Performance Company dancers will all be required to take master classes throughout the dance season at Inspired Movement.

Juniors and Teens are required to take monthly master classes

Minis are strongly suggested to take monthly master classes

Optional Competitions/Conventions

Performance Company dancers have the opportunity to attend optional competitions and conventions. Optional competitions are for solos, duos and trios who are looking to perform and compete their solo more. Optional conventions are open to all Performance Company dancers who are interested.

Fees for these optional competitions/conventions will vary. Payment is due 4 weeks before the event. If you sign up for an optional event and cannot attend due to any reason, you are not guaranteed a refund or credit.

Dancers that attend optional competitions will be responsible for covering any teacher fees if they request their choreographer to attend as well. This is only for traveling competitions/conventions. Teachers may not attend unless requested and a fee is included.

If you would like to sign up for any optionals please email Mr. Nguyen and Miss Erin. In order to be eligible for optional competitions/convention your jackrabbit account must be up to date with no outstanding balances.

Communication

Communication outside of the studio will be limited to email and through the Band app. IM staff will not accept text messages unless at a competition. If you have a question or concern, please send an email. Out of respect for the instructor's personal time, weekends will be a non-work day so emails will not be answered until the following Monday. Emails will not be answered past 8pm during the week.

We will have a band specific for Performance Company. Updates, reminders, and rehearsal videos will be posted to the group in addition to email. Dancers and Parents are required to be in the team band.

Teacher/Student Boundaries- in order to maintain a safe and healthy environment for both students and staff, dancers should NEVER be in contact with a teacher without a parent involved.

If a matter is urgent, you may call the studio, but in all other circumstances, please email. **Having a dancer in performance company requires clear and constant communication. Please expect emails and information being sent home Via email and Band.

Mandatory Events & Competitions

- IMPC Dress rehearsal (IMD) TBD
- Ultra (San Diego, CA) **February 10-12**
- Showstopper Competition (Disneyland Resort/Anaheim) **March 24-26**
- KAR (Escondido, CA) **March 31-April 2**
- Bravo (San Diego UCSD, CA) **May 18-21**
- Inspired Movement's Annual Recital Showcase. - **JUNE TBA**



Inspired Movement Dance 2022-2023 IMPC Dancer/Parent Conduct Contract

Please sign and return to the front desk no later than August 13th 2022.

COMMITMENT – RESPECT – INSPIRATION – ARTISTRY

Dancer Conduct: As a member of IMPC, I will be expected to (dancer initial next to each item):

1. Develop a team spirit among all members of the competition teams, including parents, teachers, and all other dancers.____
2. Always give 110% in all the classes and rehearsals____
3. Challenge and push myself to new levels____
4. Realize that being on this team prepares me for a professional environment ____
5. To show dedication, determination, and desire to be a productive team member ____
6. To positively represent Inspired Movement when out in the community, while attending conventions and competitions, and everywhere else I go. ____
7. Refrain from posting any negative remarks, or leave negative feedback about IM, my fellow team members, teachers, or dancers on any social media platform. ____
8. Treat all my fellow team members with respect. This includes encouraging one another, being kind, and supportive. ____
9. To embrace all newcomers to the team and welcome them as part of our dance family. ____
10. To refrain from any negative behavior or chatter towards my teammates and studio family.____
11. To remain focused in classes and respectful to all my teachers and choreographers.____
12. I will not make disparaging remarks or negative comments of any type with regard to teachers, choreographers, choreography placement, costumes, other parents, and other dance schools. ____
13. I will not publicly criticize anyone in the studio or at any event; whether they are from IM or another studio.
14. I will always applaud for all dancers. ____
15. If I exhibit poor behavior, have excessive unexcused absences, my parent will be responsible for payment of a re- blocking rehearsal.____

I understand and commit myself to all of the above. I am aware that if I break any of the dancer conduct expectations there will be consequences such as: being pulled from a competition/performance, being removed from the team, or being dismissed from Inspired Movement.

Dancer Signature: _____

Parent Conduct:

1. The parent's behavior and attitude reflects upon the behavior and attitude of the dancer.
2. Parents are to keep their differences with other parents to themselves. If an issue arises with other parents and/or dancers, parents shall communicate directly with one another. IM Staff should only be included as a last resort.
3. Parents are not to post any negative remarks, or leave any negative feedback about IM on any social media platforms.
4. Parents are expected to speak positively about IM in and outside of the studio.
5. Parents may not criticize their own dancer or any other dancer from the company teams.
6. "I will at all times control my emotions and will be considerate of all dancers and parents' collective emotions."
7. "I will wait to react to a situation until my emotions calm down and I can respond rationally and with compassion. "
8. "I will not make disparaging remarks or negative comments of any type with regard to teachers, choreographers, choreography placement, costumes, other parents, other dancers and other dance schools."
9. "I will not publicly criticize anyone in the studio or at any event; whether they are from IM or another studio."
10. If IM hears or sees any of this negative behavior, a meeting may be scheduled with individuals involved.
11. I will always applaud all dancers.
12. If my dancer is pulled from a routine because of poor behavior or excessive unexcused absences, I will be responsible for payment of a re-blocking rehearsal.

As the parent/guardian of (dancers name) _____, I have read all of the information regarding the Inspired Movement Performance Company Team. I understand that when out in the community and while attending conventions and competitions I am representing Inspired Movement. I will maintain good conduct towards all others including instructors, parents, directors and dancers. I will use appropriate language while at events representing IM. If I cause any conflict or act in a way that could reflect IM in a negative way, I understand there will be consequences such as suspension from the studio.

Parent Signature: _____

2022-2023 IMPC Audition Form

(due on audition date)

Dancers Name: _____ Parent(s) Names: _____

Birthdate and age as of **Jan 1st 2023**: _____

Email 1: _____ Email 2: _____

Parents Cell #: _____ Additional #: _____

Maximum number of groups you would like your dancer to be considered for including all groups/duos/trios/solo: _____

Which genres would you like to compete in (circle all that apply):

Jazz Lyrical Contemporary Musical Theater Hip Hop Tap

My dancer would like to be considered for a solo (leave blank if NO)

If yes, please list solo style preferences _____, _____, _____

If there is a specific teacher you would like to work with for your solo, specify here.

If you do not have a preference leave blank (Request will be taken into consideration but not guaranteed)

_____, _____

My dancer would like to be considered for a duo or trio

My dancer attended the following dance workshop/intensives this summer:

Please list any weekly commitments that may conflict with Performance Company rehearsals and events. Note: these conflicts will be taken into consideration when placing dancers in groups, but not all conflicts may be accommodated.

I have discussed with my dancer the commitment and dedication of the Academy Performance Company and understand the requirements of my child and our family. As a member of Inspired Movement Academy Performance Company I agree and adhere to all rules set forth by the Director and teachers and will abide by them. I agree and am willing to participate in at least one group routine and understand that all group placements are final and adjustment or request to be added or removed from a group will not be entertained.

Parent Signature _____ Dancer Signature _____